



**Extra-Mural Clubs  
and Activities  
Summer Term 2009**

23rd February 2009

Dear Children and Parents,

This booklet describes the clubs and activities on offer at Springmead School for the Summer term. Clubs are offered to children from Reception to Year 6 with an increasing amount of clubs available to children as they move from Pre-preparatory (Years R-2) into Preparatory (Years 3-6). There are 30 clubs to choose from again this term, some, by popular demand, are the same but there are also some new ones!

Children now need to decide, with their parents help, which clubs they want to attend in the next term. Children need to choose a minimum of two clubs, these can be at lunch-time or after-school, one of which needs to be a sports club. Think carefully about the balance between playtime and club time so that there is enough time to relax.

Sports clubs will continue during poor weather, if the weather is really bad activities will move inside, the club will not be cancelled.

So that the children get the very best from the clubs there will be a limit on the number attending. In the case of more wanting to attend than there are spaces, names will be drawn out of a hat and the remainder will be placed on a waiting list for subsequent terms. If you are already on a waiting list for a club be sure to make it one of your choices again so that we know you are still interested in going to it.

Parents please note that children choosing extra-mural clubs at the end of the school day will be invoiced for the whole term (at our standard after-school care rate of £2.00/30 minutes). Our after school club will still be run in the same way, offering a high tea or picnic, craft activities, games, free play and a chance to do homework if your child chooses to. Clubs during the school day remain free.

The Springmead Award Scheme is well underway for our preparatory children and will continue during the Summer term.

**Please complete the form attached and return it to Karen Grist by Monday 2nd March to avoid disappointment.**

If you have any questions please speak to your class teacher or one of us.

Enjoy choosing!

**Madeleine and Stephen Taylor**  
Co-Principals

## **Clubs and Activities**

This list changes each term to give variety, be sure to let us know about any special requests!

### **Drama Production ~ Year 3-6 \***

This year's performance director, Miss Heald, and musical director, Mrs Miller, are busy with preparations for our Summer Production. Practices will take place on Wednesday and Friday lunchtimes. You don't need to put your name down to 'join' as everyone in Years 3-6 will be involved, from time to time. Please note that even if you are at another lunch-time club you may still be asked to attend practices for the performance over some weeks.

### **Summer Sports ~ Year R-2**

This club will help develop all your skills and your love of sport. Take part in a range of seasonal games and activities. They will include:

- Races
- Target practice
- Obstacle courses
- Team and individual events

### **Ball Skills~ Year R-1**

A chance to learn different ball skills with great games and activities. Come and join in the fun!

### **Pop-Stars ~ Year R-1**

Do you enjoy singing and being centre stage? Come and enjoy singing along to your favourite hits at this, self-confidence building, karaoke style club!

### **Cookery ~ Year R-6**

A chance to practise your cooking skills! Over the weeks you will be using different cooking techniques and different ingredients. You'll get to eat what you produce!

If you are already on a waiting list for this club please still put it down as one of your choices so we know if that you are your still interested in attending.

### **Playground Games ~ Year R-6**

Learn how to play some traditional and modern playground games that you can then continue to play with your friends at play times! This will have a sporty feel if you're looking for a sports club, although you won't need to change.

### **Modern Dance ~ Year R-6**

Come and join the fun of some trendy dance moves, set to latest hit music...great for boys and girls! Taught by our resident expert, Katie Ellis.

### **Performance Skills ~ Year R-6**

Take the opportunity to learn new techniques and practice your performance skills. Come and have some fun with other budding performers!

### **Young Scientists ~ Year R-1**

Bring science indoors as well as out. Find out about what makes your world tick – get your minds racing!

### **Board Games and Construction ~ Year 2-3**

Want to learn some new games and have some fun with old favourites? Come and learn how to control your pieces to win these games of strategy. Or if you are interested in building and designing and want to practice your construction skills, step forward. This is your chance to construct and model using different mediums.

### **Recorders ~ Year 3-6**

From peas pudding hot to Brahms & Strauss, impress your friends with your musical talents. Learn to read music and be part of an ensemble. Please note there are no new places available at this club until September.

### **Choir ~ Year 3-6**

You will be developing your singing skills as well as performing in assemblies and in other settings. If you would like to audition to join the choir write down the choir as one of your club choices. If you are already in the choir and want to continue please list it as one of your choices again.

### **Brain Teasers ~ Year 3-6**

Get that brain working with fun maths puzzles and problems. Enjoy playing with numbers and using practical equipment and stretching your mathematical skills.

The maths club is specifically designed to extend children who have a particular talent in maths. Children who this club is aimed at will be advised accordingly.

### **Green Fingers~ Year2-6**

Do you enjoy growing things? This is your chance to become a gardening expert. Try out potting, planting, weeding, sowing and pruning. You will also get to eat the edible things you grow.

**Karate ~ Year 3-6**

New for the summer term! Originally developed as a means of self-defence, Karate is a popular competitive sport. Benefits of studying the martial art include improved physical condition, confidence, self-defence and discipline. Friendly but technical lessons from an experienced, registered karate instructor will help you to develop your skills in a safe environment.

**Cricket ~ Year 2-6**

A chance to learn some new skills and practice some old ones whilst playing a great team game of skill and tactics. Fun for both boys and girls.

**Athletics ~ Year R-6**

Practice and develop skills learnt in PE lessons, plus some extra ones, for both track and field events...will you be ready for the next Olympics?

**Rounders ~ Year 3-6**

A chance to learn the fast paced and lively game that will raise the heart rate. Enjoy joining in this ever popular summer game.

**Inside/out~ Year R-6**

A chance to enjoy more time on your favourite creative activities! During the weeks we will be exploring lots of styles of arts and crafts, different media and materials inside and outside.

**Warhammer drama~ Year 4-6**

If you are interested in Warhammer come and join this new club. Rather than modelling, this club takes Warhammer to into the world of acting. Over the weeks you will explore characters and have the opportunity to act out mock battles.

**Computer ~ Year 2-6**

Dabble with databases, shine at spreadsheets, surf the net safely, write your own programmes. Come and have fun with computers.

**Language Explorers ~ Year 3-6**

Do you love language? How would you like to explore different styles of writing as well as exploring different forms of literacy? Here's your chance to extend and develop your growing skills.

This club is specifically designed to extend children who have a particular talent in literacy. Children for whom this club is aimed at will be advised accordingly.

<b>Clubs and Activities</b>				
<b>Summer Term 2008</b>				
<b>Day</b>	<b>Time</b>	<b>Club</b>	<b>Suitable for:-</b>	<b>Staff</b>
Monday	12.00-12.45	Computers	Year 2-3	Karen Davies
Monday	12.00-12.45	Recorders	Year 3-6	Caroline Miller, Jacqueline Beardsley and Julia Holt
Monday	12.00-12.45	Cricket	Year 4-6	Nick Munckton
Monday	12.00-12.45	Modern dance	Year 2-6	Katie Ellis
Monday	12.45-1.30	Young scientist	Year R-1	Rachel Somerville
Monday	12.45-1.30	Playground games	Year R-1	Marcus Darvill
Monday	3.30-4.30	Athletics	Year R-2	Charlotte Heald and Sam Ayres
Monday	3.30-4.30	Athletics	Year 3-4	Steve Taylor
Monday	3.30-4.30	Athletics	Year 5-6	Nick Munckton
Monday	3.30-4.30	Cookery	Year 3-6	Su Perkins-Mitchell
Tuesday	12.00-12.45	Inside/out	Year 4-6	Shirley Offer
Tuesday	12.00-12.45	Inside/out	Year 2-3	Katie Herd
Tuesday	12.00-12.45	Computers	Year 4-6	Nick Munckton
Tuesday	12.45-1.30	Pop-stars	Year R-1	Sam Ayres
Tuesday	3.30-4.30	Language explorers	Year 3-6	Jacqueline Beardsley
Wednesday	10.00-10.30	Performance skills	Year R-6	Juliet Grainger and Sara Swan-Capper
Wednesday	12.00-12.45	Drama production*	Year 3-6	Charlotte Heald
Wednesday	12.00-12.45	Warhammer drama	Year 4-6	Marcus Darvill
Wednesday	12.00-12.45	Board games and construction	Year 2-3	Sara Swan-Capper
Wednesday	12.45-1.30	Inside/out	Year R-1	Sarah Clark
Wednesday	12.45-1.30	Modern dance	Year R-1	Katie Ellis
Wednesday	3.30-4.30	Rounders	Year 3-4	Charlotte Heald
Wednesday	3.30-4.30	Rounders	Year 5-6	Nick Munckton
Thursday	No lunch time clubs due to swimming lessons			
Thursday	3.30-4.30	Cookery	Year R-2	Ilka Brown and Sam Ayres
Thursday	3.30-4.30	Karate	Year 3-6	Patrick Cooper
Friday	12.00-12.45	Drama production*	Year 3-6	Charlotte Heald
Friday	12.00-12.45	Green fingers	Year 2-6	Jo Finch
Friday	12.00-12.45	Cricket	Year 2-3	Steve Taylor
Friday	12.00-12.45	Choir	Year 3-6	Caroline Miller
Friday	12.00-12.45	Playground games	Year 2-6	Madeleine Taylor
Friday	12.45-1.30	Ball skills	Year R-1	Sarah Clark
Friday	3.30-4.30	Brain teasers	Year 3-6	Sally Cox
Friday	3.30-4.30	Summer sports	Year R-2	Jo Finch and Ilka Brown

\* Please see the note regarding the Drama Production earlier in the book.

## **Springmead Award**

The Springmead Award provides an enjoyable, challenging and rewarding programme of personal development for our young people with participants proving their commitment to various activities that they may not normally experience. The Preliminary, Bronze, Silver and Gold Springmead Awards are taken by pupils in Years 3, 4, 5 and 6 respectively. All children in the Preparatory Department are involved in this programme. The elements, at increasing levels of difficulty, include:

- a hobby
- a physical activity
- community service
- undertaking a first aid course
- participating in a residential trip
- joining in a hike
- and a young leaders element

The children are provided with an Award booklet at the beginning of the year. As they undertake the various elements they collect a signature to verify participation. The Award is presented at the end of the year to those who have completed each of the elements.

There are very obvious links here with the Duke of Edinburgh Award Scheme that runs in most senior schools. Similar to the Duke of Edinburgh Scheme the Springmead Award Scheme develops the 'whole child' and enables them to 'achieve' with confidence in many different areas.

## **Springmead Family Swim**

Springmead Preparatory School is committed to exceed the government's objective for every primary aged child to be able to swim 25 metres. This may save their life one day. Water confidence is the crucial element that must be in place before swimming a distance like this can be achieved. Help support your child in improving their water confidence by coming to the Family Swim sessions at Frome Swimming Pool. Remember these sessions are entirely free. There is a variety of different play equipment available. We also set up a couple of lane lines for adults and children who want to swim seriously. See you there!

**Dates for the Summer term are issued separately.**



Name \_\_\_\_\_ Year \_\_\_\_\_

**Club choices for Summer term 2009**

Club
1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

Please put the clubs in order of preference, your first choice at the top of the list, remember not to put down dram production as one of your choices.

Please remember that at least one choice needs to be a sports club to help us all get fit for life!

Parent signature \_\_\_\_\_

This form needs to be returned to the administration office by Monday 2<sup>nd</sup> March 2009.