

# **Extra-Mural Clubs and Activities**



## **Autumn Term 2015**

**Friday, 12<sup>th</sup> June 2015**

**Dear Children and Parents,**

This brochure describes the extra-mural clubs and activities on offer at Springmead School for the coming term. Around 30 clubs are offered to all children from Reception to Year 6, during lunchtime or after school. An increasing array of clubs is available to children as they progress from Pre-Preparatory (Years R-2) into Preparatory (Years 3-6). There are a variety of clubs to choose from again this term: some seasonal ones, some back by popular demand, plus some existing and new ones!

Children now need to decide, with their parent's help, which clubs to attend next term. A minimum of two lunch time or after school clubs need to be chosen, one of which must be a sports club. Think carefully about the "play time" versus "club time" balance, so there is enough time to relax - especially for our new Reception children.

**Golden Time**

Again we have opted for 'golden time' on Wednesday lunchtimes. On this day the children will have a longer morning break and rather than clubs and playtime at lunchtime, they will have choosing time with their class teacher (both inside and outside). This time will give the teachers a little longer with their cohorts and a time for the children to enjoy being with their class friends engaged in tasks of their choosing.

**Club Numbers and "Wait List"**

To maximise the children's enjoyment and experience from the clubs, it is necessary impose a limit on the numbers attending. Lunchtime clubs may go to once a fortnight or, in the event of numbers exceeding the available spaces, names may be drawn from a hat. The remaining names are put on the club "Wait List" for subsequent terms so, if your child's name is put on a waiting list, please ensure you re-request the club next time to show that you are still interested.

**Costs**

Lunchtime clubs remain free, whilst the end of day extra-mural clubs are invoiced for the whole term. Parents, please note that children choosing extra-mural clubs at the end of the school day will be invoiced at our standard after school care rate of £2.50/30 minutes. Our after school club remains available, offering a high tea or picnic, craft activities, games, free play and an opportunity to complete homework if your child chooses to.

**Invoice Confirmation**

Your invoice shows confirmation of both the (free) lunchtime clubs and (chargeable) after school clubs into which your child has been placed. Please also note your invoice will show if your child has been chosen for Cookery and Healthy Eating, or has been placed on the Waitlist.

**Wet Weather**

Clubs continue despite poor weather. In exceptional weather, activities move inside but are not cancelled.

**The Springmead Award**

The Springmead Award scheme will begin again in the Autumn term for our Preparatory children and details are enclosed.

**Please complete the form attached on the last page and return it to the School Administration Office by Friday, 19<sup>th</sup> June 2015 to avoid disappointment.**

If you have any questions please speak to your class teacher.

Enjoy choosing!

**Madeleine Taylor**  
**Principal**

## The Springmead Award

The Springmead Award scheme provides an inspiring, challenging and rewarding programme of personal and social development for our young people.

Participants prove their personal commitment to various activities that they may not normally experience. There are parallels with the Duke of Edinburgh's Award that runs in most senior schools. Similar to the Duke of Edinburgh's Award, the Springmead Award scheme develops the "whole child" and inspires them to reach their potential and achieve through confidence gained in the many elements.

All children in the Preparatory Department are involved in this Award.

The Copper, Bronze, Silver and Gold Springmead Awards are taken by pupils in Years 3, 4, 5 and 6 respectively. The elements include: a hobby; a physical activity; community service; undertaking a first aid course; participating in a residential trip and completing a hike - all at increasing levels of difficulty.

The children are given their Springmead Award booklet at the beginning of the year. As the various elements are undertaken, a signature to verify participation is collected. The Springmead Award medals are presented at the school year end, to those who have completed all elements.

<b>The Springmead Award Requirements</b>				
	<b>Copper</b>	<b>Bronze</b>	<b>Silver</b>	<b>Gold</b>
<b>Hobby</b> May take place during or outside of school, e.g.: IT club; choir; Cubs; instrument tuition.	5 sessions	8 sessions	10 sessions	15 sessions
<b>Physical Activity</b> May take place in or outside of school (but excludes lesson time activities), e.g.: sports clubs; horse riding; swimming.	5 sessions	8 sessions	10 sessions	15 sessions
<b>Service</b> Would normally take place in school e.g.: librarian duties; supporting a club for younger children.	5 sessions	8 sessions	10 sessions	15 sessions
<b>First Aid</b> Young Life Saver	Introduction	Award 1	Award 2	Award 3
<b>Walk</b>	8 km	10 km	12 km	15 km
<b>Residential</b>	0	2 nights	2 nights	2 night overseas

## **Clubs and Activities**

This list changes each term to offer variety; be sure to let us know of any special requests!

### **Autumn Sports**

**Year R-2**

This club will help develop all your skills and your love of sport. Take part in a range of games and activities. They will include:

- Obstacle courses
- Gym
- Skill challenges

### **Ball Sports**

**Year R-2**

Catching, passing, shooting and throwing ...work on your ball skills to be able to get involved in many, many sports as you get older. Play small matches too!

### **Brain Teasers - Invitation Only**

**Year 4-6**

Get that brain working with maths puzzles and problems. Enjoy playing with numbers, using practical equipment and stretching your mathematical skills. This maths club is specifically designed to extend children who have a particular talent in maths. Children for whom this club is aimed at will be advised accordingly.

### **Chess**

**Year 3-6**

Come and enjoy this all time favourite board game. Polish up on your skills so you can impress the family! Keep your coat on: you will be playing outside when it is dry.

### **Construction Club**

**Year R-2**

Enjoy building with your favourite kits, some new ones and some junk modelling too!

### **Cookery and Healthy Eating**

**Year R-6**

A chance to practice skills in the kitchen and learn all about healthy eating. This club will improve cooking skills but will also introduce food ideas to help keep you fit for life. Over the weeks you will be using different techniques and different skills. (A very popular club choice! Be sure to see your invoice to check whether your child is on this club or has been placed on the "Wait List".)

### **Cross-Country**

**Year 4-6**

This club will build your stamina, with various cross-country routes, starting at school and running in Beckington. If you want to represent the school as a cross-country runner, this is your big chance. It is also your chance to see grown-ups running too!

### **Drama**

**Year R-4**

Do you fancy being on the stage? Take on different roles and learn stage skills from a real actor!

**Test Preparation****Year 6**

This session is compulsory for Year 6 children.

**Entrance Test Preparation****Year 6**

This club is for Year 6 children who will potentially be sitting entrance examinations for senior schools over the Autumn and Spring terms.

Year 6 children who will not be sitting entrance exams but would like to participate in these sessions are welcome; however, please note that all the children attending must take on the commitment to do all set papers at home.

**Football****Year 1-6**

Passing, shooting, heading ...improve these football skills and join in games in the school and with other schools.

**Golden Time****Year R-6**

A fabulous 'choosing' time for you and your classmates, sometimes inside, sometimes outside. Get your thinking caps on as you will be doing the choosing! No need to sign up for this one!

**Gym****Year R-2**

Skip, hop, bend and jump. Remember a healthy body relieves stress and leads to a healthy mind! Get fit with your friends and learn the correct way to do those rolls, twists and balances.

**History Detectives****Year 3-6**

Curious about all things old?...no not Mrs Taylor but everything that happened in the past and how it impacts on us today. Learn how to interrogate the past to find out the truth!

**Hockey****Year 3-6**

This is a chance to learn the fast paced and lively game that will raise the heart rate. Enjoy joining in games in the school and with other schools.

**Homework Club****Year 3-6**

Struggling to get homework done at home? Sign up for one or both of these clubs...remember to bring your homework with you!

**Coding and Computing****Year 3-6**

If you enjoy communication technology come and have some fun...surfing, searching and creating in the ICT suite.

**Latin Taster****Year 3-6**

A chance to learn some Latin and immerse yourself in all things from the great Roman Empire: language, food, culture and history!

**Karate****Year 4-6**

Originally developed as a means of self-defence, karate is a popular competitive sport. Benefits of studying this martial art include improved physical condition, confidence, self-defence and discipline. Friendly but technical lessons from an experienced, registered karate instructor will help you to develop your skills in a safe environment.

**Language Explorers - Invitation Only****Year 4-6**

Do you love language? How would you like to explore different styles of writing as well as exploring different forms of literacy? Here's your chance to extend and develop your growing skills. This club is specifically designed to extend children who have a particular talent in literacy. Children for whom this club is aimed at will be advised accordingly.

**Lego****Year 3-6**

Come and have some fun with this diverse and ageless construction kit...all you need is your imagination!

**Multi-Sport****Year 3-6**

Enjoy your favourite playground sports games but with a referee over on the playing field! Children will need to change into trainers but not necessarily whole PE kit.

**Music Theory - Invitation Only****Year 3-6**

Are you enjoying learning and playing a musical instrument? Would you like to have time exploring music more fully with other interested musicians? This club will give you the opportunity to enjoy and grow in this exciting field. Children for whom this club is aimed at will be advised accordingly.

**Musical Theatre****Year 3-6**

Spend time enjoying performing! This fun club will have elements of singing, dancing and acting and may lead to some performances.

**Number Fun****Year R-2**

This is essentially a fun games and activity club...with the added benefit of honing your number skills and sharing time with like minded friends.

**Origami and Loom Bands****Year 3-6**

Come and learn some new skills in a traditional and modern day craft. Please do not bring your own loom bands into school, we will provide everything you need!

**Playground Games****Year R-6**

Learn how to play some traditional and modern playground games that you can then continue to play with your friends at play times! This will have a sporty feel, if you're looking for a sports club, although you won't need to change.

**Prep Choir****Year 3-6**

You will be developing your singing skills as well as performing in productions and services and competing in competitions. If you would like to audition to join the choir, tick prep choir as one of your club choices. If you are already in the choir and want to continue please list it as one of your choices again.

**Pre-Prep Choir****Year R-2**

You too will be developing your singing skills as well as performing in public. If you would like to audition to join the choir, tick pre-prep choir as one of your club choices.

**Recorders****Year 3-6**

From *Peas Pudding Hot* to Brahms & Strauss, impress your friends with your musical talents. Learn to read music and be part of an ensemble.

So that we don't have to keep starting at the beginning pupils just get one opportunity to join this club each year, in September! \* Choosing to play the recorder will mean practising the instrument at home each day!

**Sketching and Watercolours****Year 3-6**

This club will concentrate on the core skills of sketching and watercolours. Spend time enjoying one of your favourite pastimes and growing your skills!

**Small World and Role Play****Year R-2**

Come and let your imagination take you away to magical and far- away places at this fun and creative session.

**Springmead Buddies****Year R-2**

Just like the Girl Guiding and Scout Association, we believe that children develop most when they are "learning by doing" and when they are having fun. Springmead Buddies will introduce children to a whole range of activities, sports, crafts and lots of other things too. All will lead to new skills and growing confidence - with badges to collect too!

**Stitch and Sew****Year 3-6**

Sewing for boys and girls. Come and learn some new skills and techniques and have fun with like-minded children.

## Parent Check List

	Check...	√
1.	Tick a minimum of 2 clubs on the “Choices” form.	
2.	Check one of the selections is for a sports club.	
3.	Complete your child’s name and the declaration at the bottom of the “Choices” form.	
4.	Keep a record of the clubs you have requested for your child on the “Parent Copy” page on the reverse of this sheet.	
5.	Pop the “Choices” form into the school bag!	
6.	When received, check your Invoice for confirmation of both the (free) lunchtime clubs and (chargeable) after school clubs into which your child has been placed. Your Invoice will also show if your child has been placed on a club waiting list.	

## Q&As

	Question	Answer
1	How will I know which club(s) my child has been successfully placed in?	Confirmation of club choice is shown on your Invoice, which will be sent via email.
2.	How will I know if my child has been placed on a club waiting list?	This is shown on your Invoice as “Your child has been placed on the wait list”. Please re-request the club next term.
3.	What club information appears on my Invoice?	Confirmation of both (free) lunchtime clubs and (chargeable) after school clubs into which your child has been placed will be shown on your Invoice.
4.	Which staff member will be taking the club?	Please see under “Staff” on the reverse of this sheet.
5.	How do I request changes to the clubs initially chosen?	This cannot be guaranteed after the clubs closing date but we will endeavour to accommodate requests. Please email details to: <a href="mailto:info@springmead.com">info@springmead.com</a> . Confirmation of changes will be sent via email.
6.	What time do after school clubs finish?	Your child will finish his/her school club at 4.30 pm.

**Please keep this page for your records.**

**Extra-Mural Clubs and Activities - Autumn Term, Parent Copy**

Day	Time	Club	Years	Staff	Club Requested
Mon	8.00am -9.00am	Test Preparation (All Year 6)	6	Nick Munckton	No need to sign up
	12.00pm - 12.45pm	Prep Choir	3-6	Hannah Drury	
	12.00pm - 12.45pm	Playground Games	3-6	Sarah Clark	
	12.00pm - 12.45pm	Multi-Sport	3-6	Nick Munckton & Karen Miller	
	12.00pm - 12.45pm	Stitch and Sew	3-6	Jo Vaughan	
	12:45pm - 1.30pm	Pre-prep Choir	R-2	Georgina Boyden	
	12:45pm - 1.30pm	Gym	R-2	Emma Lindley	
	12:45pm - 1.30pm	Number Fun	R-2	Julie Snelgrove	
	3.30pm - 4.30pm	Cookery and Healthy Eating	3-6	Julie Snelgrove	
	3.30pm - 4.30pm	Springmead Buddies	R-2	Stacey Watson	
	3.30pm - 4.30pm	Language Explorers	4-6	Jacqueline Beardsley	
Tues	8.00am -9.00am	Entrance Test Preparation –Optional	6	Sally Cox	
	12.00pm - 12.45pm	Cross Country	4-6	Carol May & Charlotte Munckton	
	12.00pm - 12.45pm	Latin Taster	3-6	Jacqueline Beardsley	
	12.00pm - 12.45pm	Recorders	3-6	Hannah Drury	
	12.00pm - 12.45pm	Lego	3-6	Jane Dickson	
	12.00pm - 12.45pm	Coding and Computing	3-6	Georgina Boyden	
	12.00pm - 12.45pm	Drama	3-4	John Johnston	
	12.45pm - 1.30pm	Drama	R-2	John Johnston	
	12.45pm - 1.30pm	Autumn Sports	R-2	Sarah Clark and Sarah Dinnis	
	3.30pm - 4.30pm	Hockey	3-6	Charlotte Munckton & Emma Lindley	
	Golden Time for all classes				
Weds	3.30pm - 4.30pm	Football	3-6	Nick Munckton, Karen Miller (FA level 1 coach) Dan Parfitt-Keates	
	3.30pm - 4.30pm	Homework	3-6	Charlotte Munckton	
	3.30pm - 4.30pm	Cookery & Healthy Eating	R-2	Julie Snelgrove	
	3.30pm - 4.30pm	Music Theory	3-6	Hannah Drury	
No lunch time clubs due to swimming lessons					
Thurs	3.30pm - 4.30pm	Karate	4-6	Patrick Cooper & Carol May	
	3.30pm - 4.30pm	Brian Teasers	4-6	Sally Cox	
	3.30pm - 4.30pm	Homework	3-6	Nick Munckton	
	3.30pm - 4.30pm	Sketching and Watercolours	3-6	Jane Dickson	
Fri	12.00pm - 12.45pm	Origami and Loom Bands	3-6	Caroline Miller	
	12.00pm - 12.45pm	Musical Theatre	3-6	Charlotte Munckton	
	12.00pm - 12.45pm	History Detectives	3-6	Sarah Clark	
	12.00pm - 12.45pm	Chess	3-6	Nick Munckton	
	12.45pm – 1.30pm	Playground Games	R-2	Jane Dickson	
	12.45pm – 1.30pm	Construction	R-2	Lauren Mullins	
	12.45pm – 1.30pm	Small World and Role-Play	R-2	Stacey Watson	
	3.30pm - 4.30pm	Ball Sports	R-2	Emma Lindley	
	3.30pm - 4.30pm	Football	1-2	Dan Parfitt-Keates & Karen Miller (FA level 1 coach)	

Please keep this page for your records.

**Extra-Mural Clubs and Activities - Autumn Term 2015**

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	12.00pm - 12.45pm	Prep Choir	3-6	Hannah Drury	
	12.00pm - 12.45pm	Playground Games	3-6	Sarah Clark	
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	12.00pm - 12.45pm	Stitch and Sew	3-6	Jo Vaughan	
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	3.30pm - 4.30pm	Cookery and Healthy Eating	3-6	Julie Snelgrove	
	3.30pm - 4.30pm	Springmead Buddies	R-2	Stacey Watson	
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Weds	<b>Golden Time for all classes</b>				
	3.30pm - 4.30pm	Football	3-6	Nick Munckton, Karen Miller (FA level 1 coach), Dan Parfitt-Keates	
	3.30pm - 4.30pm	Homework	3-6	Charlotte Munckton	
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	12.00pm - 12.45pm	Origami and Loom Bands	3-6	Caroline Miller	
	12.00pm - 12.45pm	Musical Theatre	3-6	Charlotte Munckton	
	12.00pm - 12.45pm	History Detectives	3-6	Sarah Clark	
	12.00pm - 12.45pm	Chess	3-6	Nick Munckton	
	12.45pm – 1.30pm	Playground Games	R-2	Jane Dickson	
	12.45pm – 1.30pm	Construction	R-2	Lauren Mullins	
	12.45pm – 1.30pm	Small World and Role-Play	R-2	Stacey Watson	
	3.30pm - 4.30pm	Ball Sports	R-2	Emma Lindley	
3.30pm - 4.30pm	Football	1-2	Dan Parfitt-Keates & Karen Miller (FA level 1 coach)		

Child's Name		Year		Class	
Parent's Signature				Date	

Please return to the Administration Office by **Friday, 19<sup>th</sup> June 2015.**